

Dance the Tsunami of Awakening in Bali
May 6-18, 2020
(12 nights)



ITINERARY SUBJECT TO REALITY & CHANGE,
Flexibility and a sense of humor are great allies on
this amazing healing journey.

May 6-Arrive after 2 pm to check in to our Ubud Hotel/Tanah Merah. No meals included. Arrival & settle in day.

Full Moon Note: May 7 and 8 is one of the most powerful full moon times in Bali. We will be looking out for special ceremonies and adjust our schedule to join what we find.

May 7 -Morning multi part diagnosis with shaman healer MM followed by our first of 3 progressive exponentially expanding sacred bathing Melukat

ceremonies with him during our journey. Lunch. Afternoon to be with another member of Ken's Balinese soul family. The first of many amazing experiences with Trance/Spirit/Medium/Healer Ms. IA. We will be moving in Spirit Dance & a receive a Golden coconut Melukat for expansion, for dissolving old skin realities, up leveling our energy and more. Dinner not included.

May 8-Morning spirit play with the amazing awakener and healer Lingsir. We will travel to his home and in groups of 2 have personal time with him moving energies, shifting and transforming and filled with joy and laughter. A potent being he is and is a Master in bringing us to our highest potential. Ken will be translating, Lingsir & Ken work personally with each of you. Late Lunch. Dinner not included.

May 9-Morning Free. Lunch. Afternoon to the sacred site of Yeh Pulu for prayers and offerings with Ganesha by the sacred spring, receiving holy water from the priestess caretaker. On for the next octave of our work with Trance/Spirit Medium/Healer Ms. IA. We will be moving in Spirit Dance using our breath for expansion, dissolving even more old skin realities as our hearts become lighter than a feather, up leveling our energy and more. Dinner not included.

May 10-Morning free. Late morning second Melukat sacred bathing with our healer Shaman MM. Lunch at hotel. Afternoon visit to the amazing 1000 year old sacred megalithic site of Gunung Kawi for prayers, offerings and exploration. We will visit the inner sanctum of the site for the priest and priestess. Dinner not included.

May 11-Morning free. Lunch. Afternoon visit to Grandfather Priest. We are gifted the privilege of him receiving us in the Griya, his family compound. We begin with a sound healing ceremony. We receive a potent Laughing Buddha Melukat bathing ceremony. Evening with Ms. IA & our full community for an amazing evening of energy play, dance and potent prayers that is like no other in the Omniverse. Dinner not included (Bring snacks).

May 12-Morning sacred bathing ceremony at the 1000 year old ancient spring of Tirtha Empul at Tampaksiring. Lunch. Afternoon free for shopping and exploring Ubud or relaxation. Dinner not included.

May 13-Morning departure to MM high retreat in Jatiluwih above the rice fields for a very potent river Melukat sacred bathing ceremony. Late Lunch, a tasty traditional Balinese classical delight. Spend the night at the retreat. Dinner not included.

May 14-9:30 am bags out and 10 am departure for travel across the island to the far northern ocean. Stop in Bedugul at a countryside market en route. Lunch not included/Bring snacks. Dinner.

May 15-Morning Free. Lunch. *Optional* special afternoon and morning ceremonies with amazing healer/awakener if he is available (\$100-120 per person depending on number of participants).

16-Free day. Lunch/Dinner not included. Amazing optional spa treatments and snorkeling options can be arranged and paid for through the hotel/Taman Sari. Also relax and integrate in our stunning ocean environment.

17-Morning free. 1 pm Final Lunch. Final potent Melukat ceremony at the Pura Sakti energy temple with amazing high priest and priestess, followed by final prayers in Pura Melanting Naga Temple of Abundance. Dinner not included.

18-Program ends with Breakfast. Check out 12 noon. (Transfers not included) All meals after this are not included.

PLEASE NOTE: To facilitate each person's unique needs for open time to integrate, play, and breathe freely, Mary does not schedule movement/breath/integration sessions in advance. She is available to all participants on an as needed basis, and if/when the whole group desires a session with her during free mornings or days, she is always delighted to offer herself to the group in this way.



Payment & Other Informational Reminders

PAYMENT INFORMATION:

Deposits and final payments prior to travel are made to:

MOVING BODY RESOURCES.

Checks, cash, Paypal, and credit card payments are accepted.

Credit cards and Paypal include a service fee.

Fees for the journey will be according to how many people commit to this journey:

4-6 people \$5395

7-8 people \$4995

9-12 people \$4495

13-14 people \$4395

Single Supplement: \$860, extra. For anyone requiring a single room or without a roommate.

Deposits & Final Payment:

We require a \$1200 non-refundable registration fee/deposit to confirm your space due by September 18, 2019. This deposit is non-refundable & non-transferable to another person or to final balance if anyone cancels.

****January 17, 2020 final balance is due**. Final payments are non-refundable and non-transferable. All final payments must be made in full by January 17, so as not to default on and lose your registration fee.

*****All payments are final**. Cancellations will lose their deposit/payment in full with no exceptions. Trip/Travel insurance is recommended upon registering with your deposit.

Other fees to budget for:

Airport Transfers IN/OUT. If you request Airport Transfer IN upon arrival, you will pay \$50 for the one-way trip from the airport to Tanah Merah/Ubud. The transfer fee is \$60 if your flight lands after 6 pm. Please be prepared to offer the driver a 100,000 Rupiah (apx. US\$7.50) tip when you are dropped at hotel.

Airport Transfer OUT can be arranged a day or two in advance from Taman Sari resort at ocean at prevailing price. Tip to driver 150,000 Rupiah (apx. US\$10.50) for day time journey or 200,000 Rupiah (apx. US\$14) for 5 pm departure on.

Mandatory Cash Gratuity per person considered final payment before we begin: For the many, guides/drivers and more ++ who take care of us, collected on arrival:

4-8 people = US \$300 per person

9-14 people = US \$260

Please only have brand new US \$100 + \$50 dollar bills. If change is needed you will receive change in Rupiah.

Ocean double tiered ceremony: There is one special amazing healer who Ken is often able to have join us at ocean for a multi-part ceremony. We will only know if this can happen close to the time our group will be in Bali. If he

joins us at the ocean the double tiered ocean ceremony will be \$100-\$120 per person depending on group size. It is amazing!! He will work with us personally and as a group in the afternoon, and the final ceremony ends the next morning at sunrise with a Surya sun ceremony of abundance health and manifestation.

MORE Optional healing ceremonies: Often one or another of our healers recommends one or two optional healing ceremonies for the whole group. We already know there is an option for one optional healing ceremony! Optional healing ceremonies are potent and around \$60 each. Please have an extra \$120 ++ in case our group is prescribed and suggested extra ceremonies as full group must agree to make it work for optional ceremonies.

AGREEMENTS FOR OUR SACRED JOURNEY:

Mandatory Waiver-Our Mandatory Waiver/Sacred agreement of confidentiality is to be signed before our journey begins and will be attached to a copy of your passport.

Advance agreement required regarding Ken's healing: The healers that are part of Ken's Balinese family are rare gems, mostly not on the radar screen for Westerners. By signing up you have already made a firm agreement/sacred contract that you don't seek these healers out on your own, attempt to network them for other people, speak about them in public forum's such as Facebook, write about them, or photograph them at all. Also, we will not share details of our experiences with anyone other than our group or make the healers public in any other manner. This is part of the waiver. (No cameras, Ipads, Iphones, etc. in ceremonies).

MEALS:

Meals (Daily Breakfast + 10 Lunches or Dinners included-Breakfast is included at the hotel every morning. Most lunches & an occasional dinner are included as per itinerary. When they are not included people have free/integration time. Our hotels have very good restaurants, and there are ample healthy restaurant suggestions in Ubud. Meals cost approx. US \$5-\$20. There are times due to our program we are on the go, we ask people to

bring snacks in lieu of dinner. You can bring favorite snacks/energy bars from home, and also stop at Bali Buddha (health food) where you buy delicious/inexpensive snacks. We all eat far too well in Bali!

What's included meal wise: Most days are family style. Ala carte orders not included. When/if we dine at outside restaurants we will usually order from the regular menu. Vegetarians and those with food allergies, please let us know in advance. Food is ample healthy and delicious. Water, coffee, and tea are included. Special beverages not included: Water ordered ala-carte such as Perrier/Evian; alcohol beverages; any designer coffees, smoothies, juices, at are hotels not included.